

**Fever control**  
Alternate Tylenol and Advil every 3 hours.

**Tylenol PM**  
Combine 1 Tylenol and 1 Benadryl

Place on back of lid

**TYLENOL**  
acetaminophen  
500 mg  
Dose: 1 - 2 tablets every 6 hrs  
Max 24hr: 4,000 mg

**Advil**  
ibuprofen  
200 mg  
Dose: 1 tablet every 4 - 6 hrs  
Max 24hr: 1,200 mg

**Pepto Bismol**  
bismuth subsalicylate  
262 mg  
Dose: 2 tablets / 30 min.  
- or -  
Dose: 4 tablets / 1 hr.  
Max 24hr: 16 tablets



**ALEVE**  
naproxen  
220 mg  
1st Dose: 1 - 2 tablet  
Dose: 1 tablet / 12 hr  
Max 24hr: 3 tablets

**Zofran**  
Ondansetron  
8 mg  
Dose: 1 tablet every 8 hrs  
Max 24hr: 3 tablets

**ZYRTEC**  
cetirizine HCl  
10 mg  
Dose: 1 tablets every day  
Max 24hr: 1 tablet

**Benadryl**  
diphenhydramine HCl  
25 mg  
Dose: 1 - 2 tablets every 4 - 6 hrs  
Max 24hr: 6 tablets

**Imodium**  
instructions on back  
loperamide  
2 mg  
1st Dose: 2 tablets; after 1st loose stool  
Dose: 1 tablet after each loose stool  
Max 24hr: 8 mg (4 tablets)

**CHEERS**  
RESTORE  
Dose: 3 capsules after last drink  
- or -  
before bed

**SUDAFED**  
pseudoephedrine HCl  
30 mg  
Dose: 2 tablets every 4 - 6 hrs  
Max 24hr: 8 tablets

**melatonin**  
5 mg  
Dose: 1 tablet 1 hr before sleep  
Max 24hr: 2 tablets

**paniprazole**  
40 mg  
Dose: 1 tablet  
Max 24hr: 1 t.

\_\_\_\_\_: Daily bags  
Dose: 1 bag / day

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**Energy Pills**  
caffeine 50 mg  
L-Theanine 100 mg  
Dose: 1 - 4 tablets every 3 - 4 hours

**GasX**  
simethicone  
180 mg  
Dose: 2 tablets  
Max 24hr: 2 tablets

**Dramamine**  
NON-DROWSY  
ginger root  
1,000 mg  
Dose: 1 - 2 tablet / daily  
Max 24hr: 4 tablet

**TUMS**  
calcium carbonate  
750 mg  
Dose: 2 - 3 tablets as symptoms occur  
Max 24hr: 7 tablets

lorem ipsum 40mg  
lorem ipsum 10mg  
lorem ipsum 5mg  
lorem ipsum 1mg  
lorem ipsum 10mg  
lorem ipsum 2,000 IU

**Dramamine ORIGINAL**  
dimenhydrinate  
50 mg  
Dose: 1 - 2 tablet every 4 - 6 hours  
Max 24hr: 8 tablet

**Dramamine LESS DROWSY**  
meclizine HCl  
25 mg  
Dose: 1 - 2 tablet 1 hr before  
Max 24hr: 2 tablet

Prescription:  
[Person]  
lorem ipsum  
1 gm  
Dose: 1 tablets every 12 hours